BREAKFAST SANDWICH

\$6.50

Apple smoked wood bacon, sausage or black forest ham, egg and cheddar cheese on an english muffin.





Breakfast served all day!

BAGELS \$3.50

Plain, wheat, everything, sesame, asiago, onion or jalapeno.

SIDES: .65 cents +

Butter, cream cheese, house-made mixed berry jam or chocolate praline spread.

CROISSANT BREAKFAST SANDWICH

\$9.85

Black forest ham, swiss cheese, heirloom tomatoes and arugula tossed in olive oil dressing.

ORGANIC STEEL CUT OATMEAL

\$6.50

Choice of fresh fruits, berries, fruits and nuts.

Tartines

AVOCADO TARTINE

\$12

Sliced avocado, heirloom tomatoes, feta cheese, sesame seeds, microgreens, herbed dressing on toasted multigrain bread.

BURRATA TARTINE

\$12

Burrata, heirloom tomatoes, basil, olive oil dressing, on toasted sourdough bread.

Tartines

SMOKED SALMON & AVOCADO TARTINE \$14

Smoked salmon, avocado spread, heirloom tomatoes, capers, pickled red onions, feta cheese, sesame seeds, microgreens, olive oil dressing, on multigrain bread.





Lunch

BALT \$11

Apple smoked wood bacon, avocado spread, lettuce, tomato, house-made aoili on toasted sourdough bread.





Lunch

CHICKEN PITA

GRILLED CHEESE Choice of bread, cheese & toppings. CLUB CHICKEN Roasted chicken, havarti cheese, heirloom tomatoes, house-made chipotle sauce, mixed greens on toasted sourdough bread.

Roasted chicken, cherry tomatoes, red cabbage carrot mix, pickled onions, mixed greens, house-made herbed labneh dressing on pita.

CHICKEN PITA MODIFICATION:
SAUCE: TAHINI JALAPENO MIDDLE EASTERN

Lunch

VEGGIE BOWL / PROTEIN BOWL

\$14

Mixed greens, microgreens, cherry tomatoes, mini english cucumbers, greek feta cheese, kalamata olives, pearled couscous, roasted eggplant, red cabbage carrot mix, tossed with house-made mediterranean dressing.

ADD PROTEIN: roasted chicken, smoked applewood bacon + \$2

VEGETABLE QUICHE

\$12

Roasted eggplants, mushrooms, potatoes, roma tomatoes, parmigiano-reggiano cheese served with a side salad.

BACON QUICHE

\$12

Smoked applewood bacon, roasted potatoes, roma tomatoes, parmigiano-reggiano cheese served with a side salad.